



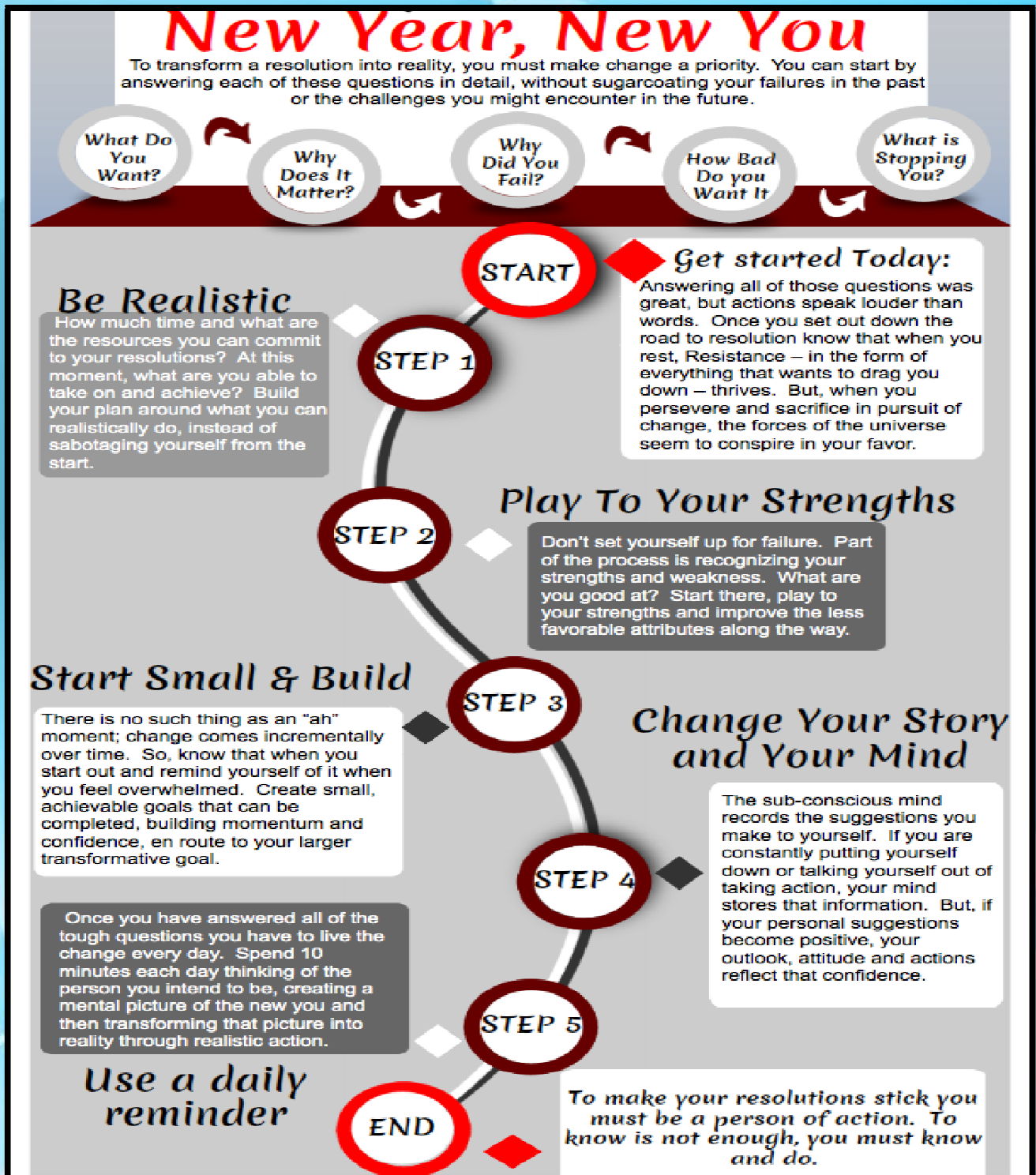
# **MVN TIMES**

**PRIMARY NEWSLETTER**  
**OCTOBER - DECEMBER**  
**2019 - 20**

Dear Parent,

Another New Year is approaching and with it comes the opportunity for a fresh start. Everyone everywhere has something they want to do or change, about themselves or their world. However, for many, the ritual of making a New Year's resolution is an exercise in wishful thinking, not transformative action.

If you want to realize your resolutions you must be prepared to plan, prioritize and persevere. Fortunately, I have worked up a guide to help the students to do that.



Regards  
Ms. Tanu Khatter  
Ms. Vandana LauL  
Primary Coordinators

# **FROM THE COUNSELLOR'S DESK**

With the expansion of digital technology in an increasingly connected world, parenting has become extremely challenging and complicated in the last few years. The good old concept of disciplining children is eroding from parenting landscape and the consequences are profound. Introducing discipline in your child's life is the down payment for his future happiness and well-being.

Here are some tips to introduce discipline in your child's life:

- 1. Set daily routine for effective habit formation. Make easy-to-follow rules and be firm and consistent with them.**
- 2. All parents share the instinct to protect their children but do not make your child an exception of every rule. Don't rush to rescue the child every time. Research says that adult happiness does not arise from parents bending the rules to a child's advantage; it comes from children learning the rules and conforming to them.**
- 3. How you react to any unacceptable behavior is important. Do not support the wrongdoings of children. Children should not just be punished for any wrongdoing but should also be made to think about the ramifications of their actions. Explain that there is a consequence for everything and everyone needs to think about the consequences first before acting.**
- 4. Discipline starts with self. As a parent, you are the role model by default. Have a close look at your priorities and preferences to set an example for your child.**

**With Best Wishes**

**Archana Bapat**

**Counsellor, MVN**

# BOOKS AND BEYOND

*'I don't have a favourite book. I have hundreds'.*

- An Avid Reader

Instilling reading into a child's life is one of the most valuable skills. Reading is a timeless form of entertainment and information. To foster love for reading and to enhance student's vocabulary, a lot of reading activities are being organized in the school library such as storytelling, story writing, word building, exploring amazing facts and quiz time. These activities capture their interest and imagination and encourage them to become good readers.



# **ENHANCING SKILLS**

Every child is unique, so is every need and learning style. We organize special classes which enable differently abled students to cope up with the ongoing curriculum. To cater to their academic needs 'Differential Instructions' method is used. We reinforce and motivate them time and again. The students are taught through VAKT approach to maximize the effective employment of Visual, Auditory, Kinesthetic and Tactual skills. The motto behind using this approach is that they use all their senses and learn better.

They engaged through multifarious activities like - Mazes, Word search, Find the differences to improve their problem solving skills. These activities improve their attention span too. To ensure that their handwriting is legible we use worksheets like - Tracing, Dot joining, colouring. We give them challenging task like - Timer writing to improve their pace of writing. The effective execution of the above practices ensures the holistic development of the students.

**OPTIMISM**  
IS THE FAITH  
THAT LEADS TO  
**ACHIEVEMENT.**  
NOTHING CAN BE DONE  
WITHOUT **HOPE**  
AND **CONFIDENCE.**  
- HELEN KELLER

*CLASS  
ASSEMBLIES*



## DIWALI - THE FESTIVAL OF LIGHTS

The students of Grade II Bluebells presented a wonderful assembly on the occasion of “Diwali – The Festival of Lights” It gave us a glimpse of Indian culture and celebration. The assembly started with the morning prayer followed by news headlines, thoughts, poems and speeches. The assembly culminated with a wonderful dance performance.



## 550th BIRTH ANNIVERSARY OF GURU NANAK

One of the most sacred festival in Sikhism, “Gurupurab”, also shown as Guru Nanak’s Prakash Utsav, celebrates the birth of the first Sikh Guru, Guru Nanak. To mark this occasion, a wonderful assembly was presented by the students of V Camellia. The assembly started with ‘PrabhatPheri’, a holy procession that is usually organized in the morning. It was followed by some preaching of Guru Nanak Devji. Students also presented a small skit to enlighten everyone with a message that ‘God is one and He is present everywhere’. The assembly concluded with a lively dance performance from the students.





## CONSERVATION OF ENERGY

The students of grade V B presented an assembly on the topic Conservation of energy. They presented thought-provoking quotes on the need to conserve energy. A skit was staged which highlighted the different ways in which we all can save energy. The assembly culminated with an action song ' Bijli bachao Desh banaao.'

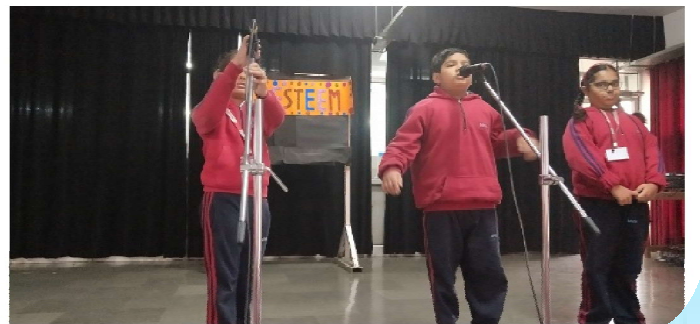


## SELF ESTEEM

IF YOU BELIEVE YOU CAN,  
YOU PROBABLY WILL.

IF YOU BELIEVE YOU CAN'T,  
YOU DEFINITELY WON'T.

Belief is the ignition switch that gets you off the launching pad. The students of Grade IV Bluebells presented an elucidate assembly on 'Self Esteem' which is an important key to success. Important tips to boost the confidence were specified. The students took everyone on a stroll to the world of imagination through a storytelling session that gave the message 'Never Give Up'. The assembly culminated with an enlightening poem and a spectacular dance performance.




## MERRY CHRISTMAS

**“From home to home and heart to heart from one place to another  
The warmth and joy of Christmas brings us closer to each other.”**

**The festive season took on the students of Grade IV Aster wherein they presented a wonderful assembly depicting the birth of Jesus Christ.**





*CLASS  
ACTIVITIES*

## **BROCHURE MAKING ACTIVITY - GRADE V**

Tourism opens a new window to the world for the traveller and broadens one's horizon as well. It also helps in understanding the various cultural, geographical and historical facts of the different places. Tourism is one of the greatest people moving- pursuits on the planet today. In order to make the students aware of the natural beauty of the different states of India, a brochure making activity was organized in which the students of Grade V made beautiful brochures related to various Indian tourists places of their choice.



## **“Gratitude is a powerful catalyst for happiness”**

The Primary Wing of MVN Sec-17 observed Gratitude Week from October 14-18, 2019 to reflect and appreciate the things we usually take for granted.

The Week opened with an “Educational Workshop” to infuse the importance of Gratitude among students. Students were inspired to make the emotion of thankfulness infectious with their words and deeds. The students penned down Heart Touching Notes the next day to express their gratitude towards their parents, for always being there for them.

The “Speak On Activity” conducted the next day saw the children sharing lovely anecdotes of friendship and loyalty as they expressed their gratitude towards their friends for their love and support.

A special assembly was organized to salute the armed forces through a “Skit”. The play threw light on the lives of the soldiers and the sacrifices made by them. The skit infused the virtues of valor , courage and sacrifice among the students.

The week long celebrations ended with multifarious activities spread across the various classes. Whilst Grade I presented the support staff with beautiful gifts, the students of Grade II gave Thank you cards and badges to their teachers and staff.

Grade III and IV students made items out to waste for their domestic helpers. Grade V shared the responsibility of keeping their classrooms clean by lending a helping hand to the cleaning staff.

A reflection note was written at the end of the day in which the children summarized what they had learnt during the week and counted the blessings bestowed upon them.

**“Little words of Love and Gratitude**

**Little deeds of Kindness and Thankfulness**

**Help to make Earth happy, Like the Heaven above”**



# GREEN DIWALI ! CLEAN DIWALI !

The students of Primary Wing showcased the spirit of Diwali in a string of wonderful craft activities using waste items. The kids made beautiful paper lanterns, wall hangings out of paper cups, decorative bandhanwars, bags out of old T-shirts, photo frames and more. The children recreated traditions through the activity of Tulsi pot painting. The fun-filled activities helped them learn the skill of turning waste products into useful items in an aesthetic manner.





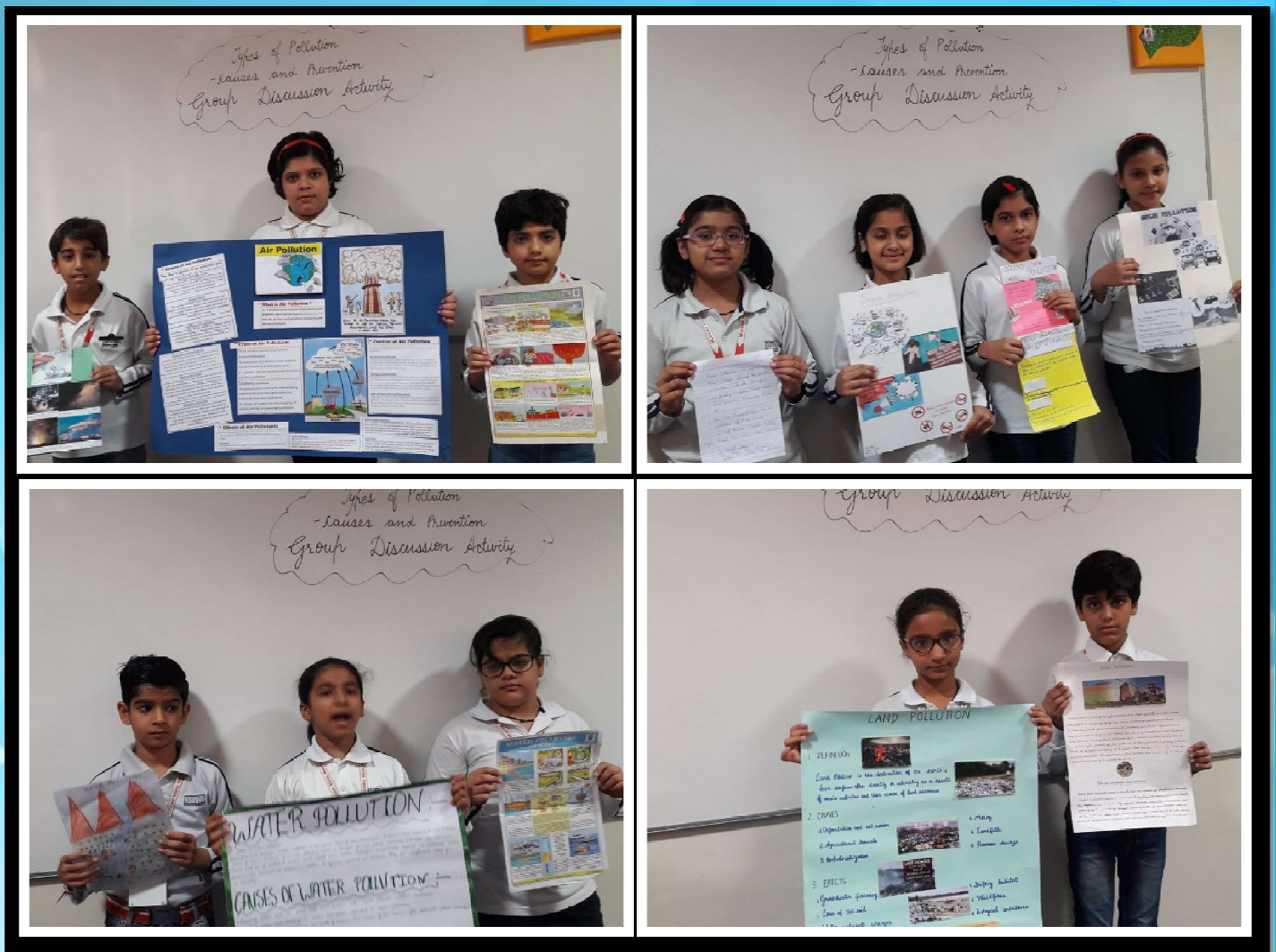
## GROUP DISCUSSION ON WAYS TO FIGHT INCREASING POLLUTION : GRADE V

**“We do not inherit the earth from our ancestors,  
We borrow it from our children.”**

Students need to be made aware of the adverse effects of rising pollution. Also, being the future generation, they can play a vital role in controlling pollution if they are familiar with this threat to the survival of mankind.

The students of Grade V participated in the Group Discussion on different kinds of Pollution. During the activity, they identified the causes, explored the effects and proposed several solutions.

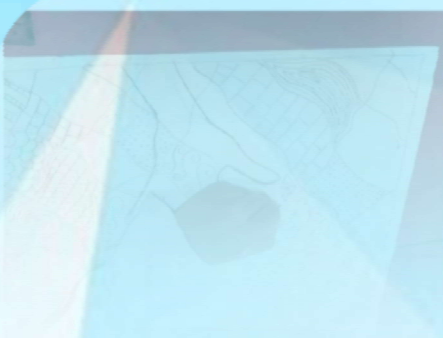
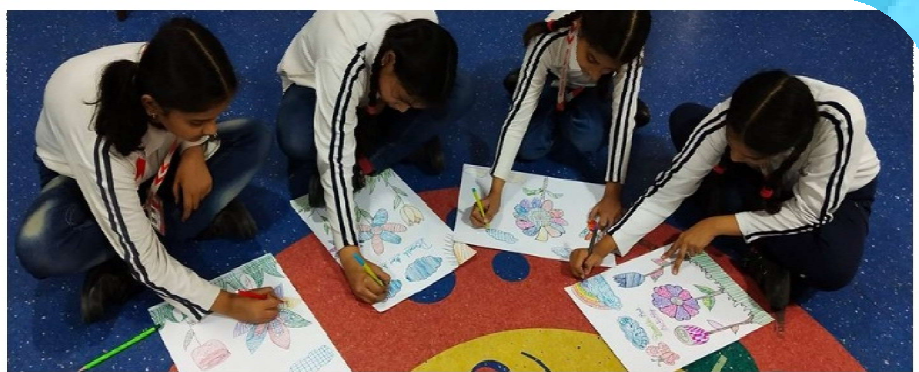
It was an enriching experience for the students and definitely a step closer towards a cleaner and healthier environment.



## DOODLE ART ACTIVITY : GRADE IV

Doodles are simple drawings that can have concrete, abstract representational meaning.

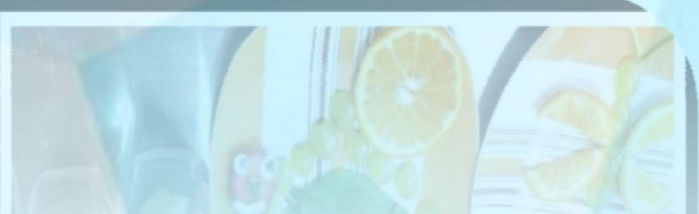
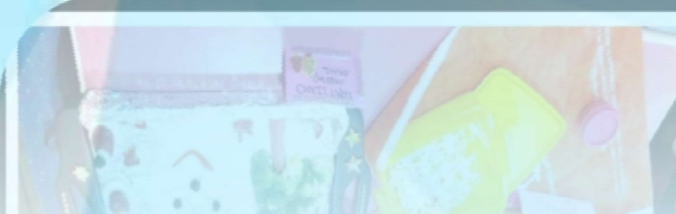
The students of Grade IV indulged in making beautiful sketches using doodle art. This doodle activity proved to be an art therapy for students allowing them to slow-down, focus and de-stress.



## SALAD DRESSING ACTIVITY - CLASS V

Presentation of food is not just about ingredients, recipes and cooking. It's about harnessing imagination and creativity too.

Students of Grade V exhibited their creative self and plated like an artist during the Salad Dressing Competition.



PRERNA DIWAS - 19th December

In memory of our Beloved Sir - Founder Principal  
Shri Gopal Sharma Sir

**IN MEMORIAM**

A persona charismatic,  
A sculptor of destiny,  
A benevolent patron  
with  
Fathomless Magnanimity.



**Shri Gopal Sharma - Ever True To Education**

Founder - Modern Vidya Niketan  
(23/02/1952 – 19/12/2004)

*However arduous the trail,  
You always carve our path,  
And never fail to shape a vision,  
For us all to hail.*

*In pious reverence of a great visionary  
who transformed innumerable lives....*

MVN MANAGEMENT & STAFF  
FAMILY & FRIENDS



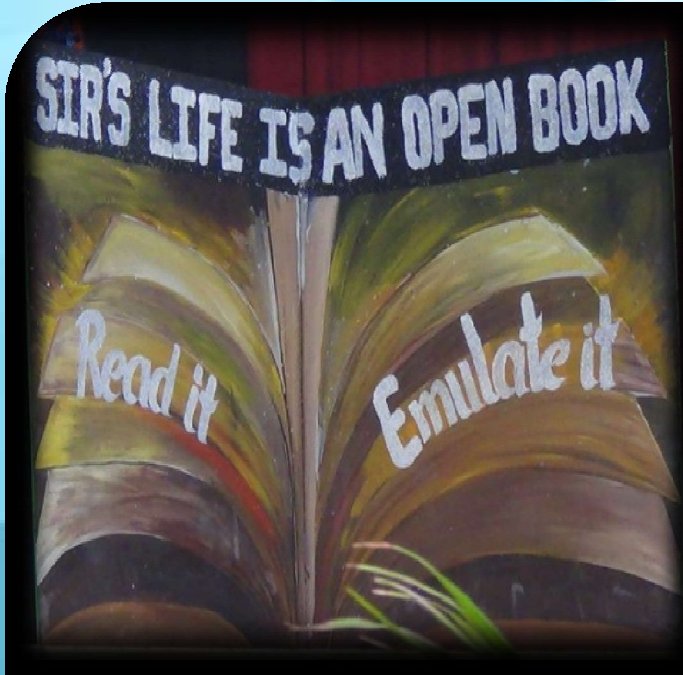
# हमारी प्रेरणा



**Shri Gopal Sharma Sir**  
(23/02/1952 – 19/12/2004)  
Founder : Modern Vidya Niketan

## श्रद्धा सुमन

कुछ करना है कुछ करेंगे,  
दिल लगाकर करेंगे।  
आओ प्रण करें।  
कुछ ख्वाहिशें थीं आपकी  
हमें पहुँचना है उन मंजिलों पर,  
इक सपना था आपका  
हम उसे पूरा करेंगे  
आओ प्रण करें।  
दूर नभ में इक नव-ध्रुव उदित हुआ  
रोशन कर गया संसार को स्वाभिमान से,  
चलना है हमें उनके पथ पर  
पहुँचना है उनके दिरवाए गंतव्य पर  
आओ प्रण करें।  
गुरु का फर्ज निभाया आपने,  
शिष्य का फर्ज चुकाना है हमें  
गुरु दक्षिणा का कर्ज चुकाएँगे,  
मन में है अदम्य विश्वास  
हम होंगे कामयाब  
आओ प्रण करें।



## CHURCH VISIT BY CLASSES - I TO III

With Christmas around the corner, it's the most wonderful time of year—with sparkling snowflakes and twinkling lights, happy carols and rosy cheeks, good cheer and warm fuzzy feelings. On account of Christmas, the students of Classes I - III visited St. Mary's Church at Sector-9, Faridabad on 23rd December. The students gained insight into the life of Jesus Christ and sang carols.





**Special  
Achievements**

## **31<sup>ST</sup> HARYANA STATE SUB JUNIOR TAEKWONDO CHAMPIONSHIP**

Utsav Gupta of Class V won Gold Medal at 31st Haryana State Sub-Junior Boys Taekwondo Championship 2019 in U-11 Boys category held at RTC North Zone, 10-B New Tagore Garden, Ambala Cantt.

Yashvi Atrey of class II won Bronze Medal at 31st Haryana State Sub-Junior Girls Taekwondo Championship 2019 in U-11 Girls category held at RTC North Zone, 10-B New Tagore Garden, Ambala Cantt.

**31st HARYANA STATE SUB-JUNIOR BOYS & GIRLS  
TAEKWONDO CHAMPIONSHIP 2019(11.10.19-13.10.19)  
VENUE : RTC NORTH ZONE, 10-B NEW TAGORE GARDEN, AMBALA CANTT**

### **U-11 (BOYS)**



UTSAV GUPTA  
V

**GOLD MEDAL**

### **U-11 (GIRLS)**



YASHVI ATREY  
II

**BRONZE MEDAL**



# WINNERS GALORE

MVNites won several positions in "Bal Utsav" a week-long event organised by Bal Bhawan, Faridabad. They won numerous accolades in different categories.



WINNERS GALORE				
DATE	EVENT	GROUP	PARTICIPANT NAME	POSITION
06.11.2019	SOLO DANCE	GROUP 5	RIHANA ANGLANI	I PRIZE
07.11.2019	SOLO SONG	GROUP 4	CHARVI CHAWLA	I PRIZE
08.11.2019	NATIONAL PAINTING COMPETITION	GREEN GROUP	FABIAN	I PRIZE
08.11.2019	NATIONAL PAINTING COMPETITION	GREEN GROUP	YASHRAJ	II PRIZE
09.11.2019	POSTER MAKING COMPETITION	GROUP 3	ARUSHI	II PRIZE
09.11.2019	PARRHIC GROUP SONG	GROUP 4	CHARVI CHAWLA	II PRIZE
			KASHA SRAMI	
			BHAVIKA	
			SACHIN LUNAL	
			HANSHAL TAMBAR	
			ARSHI JEMAL	
09.11.2019	FANCY DRESS	GROUP 5	NANDIKA VASHIST	CONSOLATION PRIZE



# ULLAS - 2019

MVNites participated in ULLAS - Inter School Competition held at Manav Rachna Charmwood School and delivered exquisite performances. They won several prizes in different categories such as Solo song and Group song and Dance Competition.



<u>CLASS</u>	<u>CATEGORY</u>	<u>POSITION</u>
CLASS IX & XII	SOLO SONG COMPETITION	CHARVI CHAWLA WON FIRST POSITION
CLASS V - VIII	GROUP SONG COMPETITION	SECOND PRIZE
CLASS K.G - II	GROUP DANCE COMPETITION	SECOND PRIZE

# INTER SCHOOL SPEECH CONTEST

Anay Acharya of Grade V won the First Prize and the Jury's choice award at a Speech Competition held at Rawal International School, Ballabgarh. He won the hearts of the judges and the audience as he eloquently extolled upon the pros and cons of "Life Without Modern Gadgets".



## EVOLVE '19

Felicitation to the Winners for the Triumphant Results in the Inter School Competition 'EVOLVE' held at DAV Sec-37, Faridabad on 07th Dec, 2019. Arjun Poswal and Sparsh of Grade V won the First prize in TECH JAM and Aashna Khurana and Tushita Chauhan of Grade IV won the Second prize in TUX DOODLE.

EVENT	PARTICIPANTS	CLASS	POSITION
TECH JAM	ARJUN POSWAL	V	I POSITION
	SPARSH		
TUX DOODLE	AASHNA KHURANA	IV	II POSITION
	TUSHITA CHAUHAN		
TECH GRAFFITI	NIHARIKA	VIII	III POSITION
	PRATHAM NANDWANI		
TECH CROSSWORD	JATIN BANSAL	XI	III POSITION
	AMAN SINGH		
TECH PAGE	VATSALYA JAISWAL	IX	III POSITION
	TATSAM RANJAN	X	
MIND BOGGLER (ONLINE EVENT)	VINAYAK JHA	XI	III POSITION
	MEHUL ARORA		
	GAURANSH SINGH		



# SAEVUS ECO ACHIEVERS QUIZ

## 2019-20

Commendable achievement by MVNites at Grand Columbus School

Our School's team consisting of Savya Chopra (Class V), Aditi Sharma (Class VI) and Kavyam Ranjan (Class VII) bagged the First Position in the 'Saevus Eco Achievers Quiz 2019-20' held at 'Grand Columbus International School' on 10th Dec 2019 and qualified for the Semi Final Round to be held in February 2020.



# **PRERNA – THE LIGHT OF INSPIRATION**

## **INTER - SCHOOL MEET – 2019**

### **HAKUNAMATATA**

The students of Grade II & III mesmerized the audience and judges alike and bagged First Position in “CRESCENDO – HAPPY FEET” an Interschool Dance Competition held at MVN School, Aravali Hills. Their beautiful tribal performance described happiness as a state of mind, the ultimate experience of living every moment in harmony and in love with nature; the five elements, the world of Flora and Fauna along with our fellow human beings.

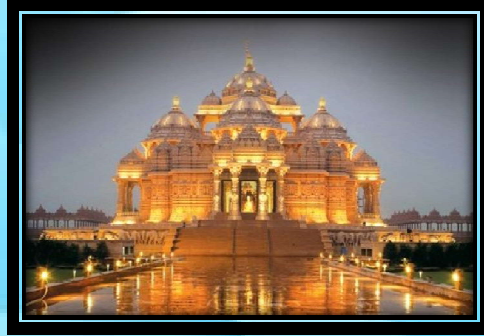
Following are the names of the students from the winning team.

Class II - Pragnay Gupta, Bhavin Chopra, BloosomKochar, MananMaheshwari, VanikaMangla, OjasKalra

Class III – Vaishnavi, Swikriti Sharma, Kritika Gupta, Kiyara Sharma, HemanyaMadan, Angel Arora



# TRIP TO AKSHARDHAM



Students of Classes II to VII got an opportunity to visit Swami Narayan Akshardham Temple on 14<sup>th</sup> of December. Students experienced a very different level of dedication and devotion in the temple premises. Each element in Akshardham echoes with spirituality. The students got an enriching spiritual experience by visiting the exhibitions. The boat ride was an eye opener for the students as they got to realise the power of ancient India. They gained information about principles of Science, Medicine, Astrology, Mathematics and Language which originated in India and were later used all over the world. The students enjoyed audio animatronics. The visit to the temple conveyed the message of peace, harmony, modesty, selflessness and kind service and every child could experience a change in him after the visit.



# SCIFEST 2019

To foster and propagate scientific temper and outlook Modern Vidya Niketan, Sector-17, Faridabad organised SCIFEST 2019, an Inter-school competition on 9th November, 2019 in its school premises. More than 25 leading schools of Faridabad participated in this mega event making it a resounding success. The event witnessed a very enthusiastic participation of about 400 students from Classes III - XII in 8 categories of events such as Sci-Show - Magic Show, Experiments-Scientific Investigations. Medkit-Doctor in Kitchen, Sci craft-movie making, Mission-MIS-vision, Climate Conclave, Curate 'a' Solution - Model Making. The guest of honor for the event was Mrs. Santosh Sharma, Chancellor MVN University and Mr. J.P Gaur, Director MVN Schools presided over the function. Besides 8 competitive categories, a futuristic workshop was conducted on Artificial Intelligence and Robotics.

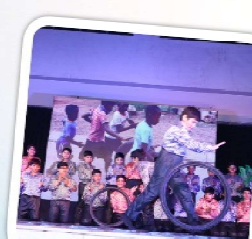
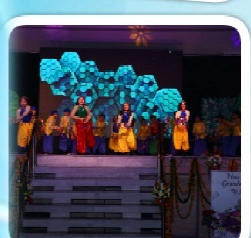
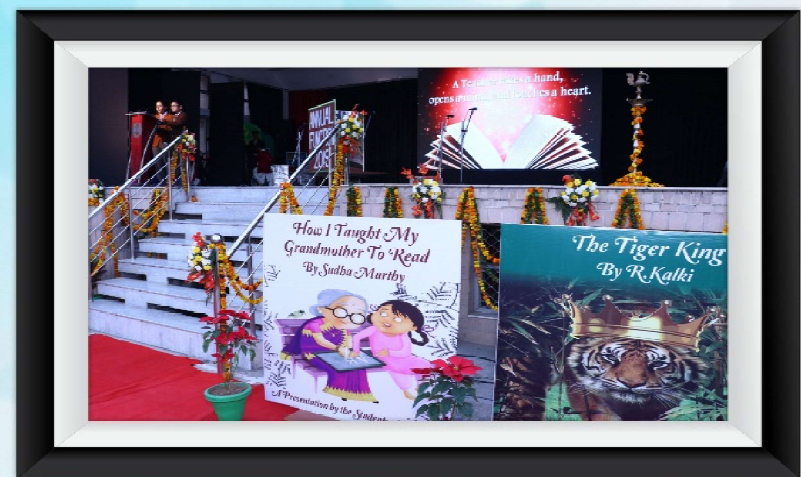
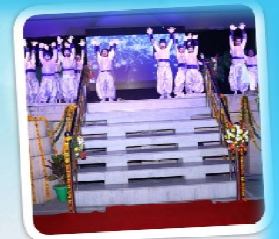


# ANNUAL FUNCTION

**“LET US REMEMBER: ONE BOOK, ONE PEN, ONE CHILD AND ONE  
TEACHER CAN CHANGE THE WORLD”**

Modern VidyaNiketan, Sector-17 celebrated its Annual Day **“BOOKSTAGRAM”** on November 30, 2019 with great elation and gusto.

The young artists from Grade II to X brought out the importance of reading through the colourful array of dances, interlacing the show with short plays. Improvisation of values through Fables, Fairy Tales, Adventure stories, Science and Fiction revealed how children are transported to a land of imagination. They also helped the audience to realize that reading books is the best way to spice up their lives. The programme was an amalgamation of various hues befitting the theme wondrously.





## CHRISTMAS CARNIVAL....

Students of classes Nursery to V had a lot of fun and amusement in the Christmas Carnival organized by Primary Wing in the school premises.

They enjoyed numerous games and fun activities like Numbola, Roll the Dice, Step Up, Christmas Hoopla before getting a beautiful photo clicked in the photo booth.

The Carnival opened with a play on the birth of Jesus Christ and followed by carols presented by Grade I Aster students. The festivities continued with the class party in which the children shared their lunch with the classmates in keeping with the spirit of sharing and caring.

The day ended with joyful goodbyes as the children left for their homes with fond memories of the Christmas Carnival.



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